

PBIS for Parents

1/1/2014

Being Responsible

Showing responsibility is one of the behavioral expectations for students at Glider. In the beginning of the school year, teachers take their classes throughout the school and discuss with students what being responsible looks like in each area on campus. Not

may start a discussion about responsibility with a question like, "What does it mean to show responsibility in the library?" The students will respond to the question and the teacher may validate their ideas and fill in the ones they missed.

How can I help my child to be responsible?

1. Start with a discussion about it.
2. Be clear and specific about what it means.
3. Model it for them.

only that, the teachers model for them what to do and not to do. This makes it very clear for the students how they can show responsibility in the classroom, on the playground, in the library, and in the lunchroom.

For example, during the first week of school each teacher will take her students through the library. Once there, she

"Yes, that's right. Showing responsibility in the library means talking quietly, treating the books carefully, and walking instead of running. It also means pushing in your chair when you leave and returning your book on time." The teacher will then have a time of modeling the behaviors. She may model what not to

Parent Testimonies

•••

"Being specific and clear about what responsibility means at home really works! My kids now know exactly what to do and there is more peace in our house. And that makes me a happy mom."

"Doing homework was a real battle last year. My 4th grader took such a long time to get it done because she kept getting distracted with things around her. My husband and I decided to try modeling 'how to be responsible during homework time' for her. We pretended to be students and modeled how to be responsible and how not to. The whole family got into the act and we ended up having a blast! And it worked. This year, doing homework is going much better."

do and then what to do and have the students discuss the differences they saw. They will point out which behaviors showed responsibility and which ones didn't. She may then have the class practice the correct behaviors discussed.

After hearing, seeing and practicing responsible behaviors in the library, you can be sure these students are very clear on what is expected! This is then done in each place on campus.

Personally, this is what I love about PBIS. Students are not just told to "be responsible," but it is clearly explained and modeled for them in each area so they are clear on what it means.

I don't know about you, but I remember that when I was a child, such words like "responsibility" seemed rather vague to me. There was one time as a 5th grader, I remember my mom expecting me to "be responsible with my snack." I didn't completely know what she meant or expected of me. Did that mean eat it in the kitchen? Put everything away when I was done? What? Since I

wasn't sure, I found myself at times like these, trying to do what I thought was the responsible thing, but ending up not doing a thing or two that would get me into trouble. It was a frustrating experience for both of us! I remember thinking, "I ate it in the kitchen and put the bag of crackers away, and my mom still isn't happy!" Had she just been *specific* with words like, "Being responsible with your snack means eating it in the kitchen, putting away the cracker bag, *and sweeping up the crumbs on the floor,*" I would have been clear on her expectations and would have done what she asked. Can anyone relate?

This is why I think PBIS is so effective. By making words like "responsibility" clear and specific, it enables students to really understand what they mean. This leads to students showing more responsibility since they actually know what it is and what the expectations are.

How can I teach responsibility at home?

Start with an area that needs attention and ask a question like, "What do you think it

means to be responsible with your chores?" After hearing their thoughts, you can validate them and fill in what they left out. Be clear and specific. "Those are good ideas about responsibility with chores. It does mean making sure you do a good job and completing all of the chores on the list. It also means getting started on them right away and staying focused on each task until it's finished."

Modeling the desired behavior could also be very helpful. For example, you could model for them how to be responsible with their chores and how not to. (You could really have some fun with this!) Then allow them to point out the differences. "Mom, you got them done faster when you started right away and worked on them until they were finished. You then had more time to play afterwards. The second time, you laid on the couch complaining for a while and then got distracted with toys in the middle. It took much, much longer."

Story Title

Story Subtitle or summary

You can easily change the formatting of selected text in the document text by choosing a look for the selected text from the Quick Styles gallery on the Home tab. You can also format text directly by using the other controls on the Home tab. On the Insert tab, the galleries include that are designed to coordinate with the overall look of your document. You can use these galleries to insert tables, headers, footers,

lists, cover pages, and other document.

On the Insert tab, the galleries include items that are designed to coordinate with the overall look of your document. You can use these galleries to insert tables, headers, footers, lists, cover pages, and other document building blocks.

You can easily change the formatting of selected text in the document text by

choosing a look for the selected text from the Quick Styles gallery on the Home tab. On the Insert tab, the galleries include that are designed to coordinate with the overall look of your document. You can use these galleries to insert tables, headers, footers, lists, cover pages, and other document

Type information a summary of the information in this newsletter or provide more information about your company.

GerbrandtstudyPC

[Type the sender company name]

[Type the sender company address]

[Type the recipient name]

[Type the recipient company name]

[Type the recipient address]