

PBIS for Parents

12/1/2013

Encouraging Others

One of the behavioral expectations for students at Glider is to encourage others. The students are taught how they can be encouraging in each place on campus. Here are some examples:

1. In the classroom: Students can encourage others in the classroom by speaking kind

Statements like these build others up and illicit further positive behavior.

3. In the cafeteria: Students can encourage others in the cafeteria by using good manners and being polite. Keeping conversations tasteful is important as well.

4. On the bus: Students can

Encouragement means to give support, confidence, or hope to someone.

words to classmates, giving praise when others do well, and saying things like, "I know you can do it," when a peer is struggling.

2. On the playground: Students can encourage others during recess by including them in their play and commenting on the positive behavior of others with words like, "Great catch!" and "Thanks for sharing your jump rope with me."

encourage others on the bus by sitting next to someone who usually sits by themselves and following all of the rules. Their behavior can be a model that encourages others to obey as well.

How can I help my child be encouraging at home?

Model it. We can help our children to be encouraging by being an encouragement

Parent Testimonies

•••

"Last month, our family was playing softball outside. I was up to bat and my first grader yelled out, 'You can do it, mommy!' I was so happy to see my daughter being an encouragement to me- it made my day!"

"I overheard my fifth grader telling his brother, 'Just a few more problems and you're done. See, you are getting the hang of it!' I saw my younger son smile. I can't tell you how much it means to me to see them interact like this."

to them. This is key. This will show them how to encourage others. We can be specific with our praise and say things like, "That was a long homework assignment, but I'm proud of how you persevered and did your best work," or "I know you can do it!"

We can also help them be encouraging by complimenting them when we see them encourage others. "I noticed that you encouraged your brother when he was struggling with his piano piece. Thank you so much. I bet that really motivated him to keep trying."

A third idea is to discuss what encouragement means to your family and ways that you can all encourage each other. Make it a family goal to be encouraging for a week and discuss the positive results at the end.

